

Continuum

Monthly Rates per Province

Premium Rates effective from September 1, 2011 to August 31, 2012



1 800 669-7921

BRITISH COLUMBIA

1 Health Plan
 INCLUDES HEALTH + VISION + EMERGENCY TRAVEL ASSISTANCE

Age	Single	Couple	Family
Under 34	\$65.40	\$117.70	\$167.80
35-44	\$68.40	\$123.10	\$175.40
45-54	\$88.60	\$159.60	\$218.60
55-64	\$96.70	\$174.00	\$233.10

2 Health & Dental Plan
 INCLUDES HEALTH + VISION + EMERGENCY TRAVEL ASSISTANCE + DENTAL

Age	Single	Couple	Family
Under 34	\$98.60	\$177.40	\$252.90
35-44	\$101.60	\$182.80	\$260.50
45-54	\$126.60	\$228.10	\$312.40
55-64	\$138.20	\$248.70	\$333.10

ALBERTA

1 Health Plan
 INCLUDES HEALTH + VISION + EMERGENCY TRAVEL ASSISTANCE

Age	Single	Couple	Family
Under 34	\$66.30	\$119.30	\$174.20
35-44	\$69.30	\$124.70	\$182.10
45-54	\$89.80	\$161.60	\$226.50
55-64	\$105.20	\$189.40	\$254.40

2 Health & Dental Plan
 INCLUDES HEALTH + VISION + EMERGENCY TRAVEL ASSISTANCE + DENTAL

Age	Single	Couple	Family
Under 34	\$99.90	\$179.80	\$262.50
35-44	\$102.90	\$185.20	\$270.40
45-54	\$128.30	\$230.90	\$323.70
55-64	\$150.40	\$270.70	\$363.50

SASKATCHEWAN AND MANITOBA


1 Health Plan
 INCLUDES HEALTH + VISION + EMERGENCY TRAVEL ASSISTANCE




Age	Single	Couple	Family
Under 34	\$55.20	\$99.50	\$143.60
35-44	\$57.80	\$103.90	\$150.10
45-54	\$76.20	\$137.10	\$189.30
55-64	\$86.80	\$156.40	\$208.40

2 Health & Dental Plan
 INCLUDES HEALTH + VISION + EMERGENCY TRAVEL ASSISTANCE + DENTAL




Age	Single	Couple	Family
Under 34	\$83.20	\$149.90	\$216.40
35-44	\$85.80	\$154.30	\$222.90
45-54	\$108.90	\$195.90	\$270.50
55-64	\$124.10	\$223.50	\$297.90

ONTARIO

1 Health Plan   			
INCLUDES HEALTH + VISION + EMERGENCY TRAVEL ASSISTANCE			
Age	Single	Couple	Family
Under 34	\$75.80	\$136.40	\$202.20
35-44	\$79.20	\$142.60	\$211.30
45-54	\$102.50	\$184.50	\$262.20
55-64	\$129.50	\$233.00	\$310.70

2 Health & Dental Plan    			
INCLUDES HEALTH + VISION + EMERGENCY TRAVEL ASSISTANCE + DENTAL			
Age	Single	Couple	Family
Under 34	\$114.20	\$205.60	\$304.70
35-44	\$117.60	\$211.80	\$313.80
45-54	\$146.50	\$263.70	\$374.70
55-64	\$185.00	\$333.00	\$443.90




QUEBEC


1 Health Plan   			
INCLUDES HEALTH + VISION + EMERGENCY TRAVEL ASSISTANCE			
Age	Single	Couple	Family
Under 34	\$52.30	\$94.20	\$152.50
35-44	\$54.80	\$98.60	\$159.50
45-54	\$65.20	\$117.30	\$186.10
55-64	\$81.60	\$146.90	\$215.70

2 Health & Dental Plan    			
INCLUDES HEALTH + VISION + EMERGENCY TRAVEL ASSISTANCE + DENTAL			
Age	Single	Couple	Family
Under 34	\$78.90	\$142.00	\$229.80
35-44	\$81.40	\$146.40	\$236.80
45-54	\$93.10	\$167.60	\$265.90
55-64	\$116.60	\$209.90	\$308.30

As a resident of Quebec, you are required to be covered under the Régie de l'Assurance Maladie du Québec (RAMQ) or an equivalent group plan, which is the first payor for your prescription drugs. Continuum will be second payor to comply with legislation from the RAMQ.

OTHER PROVINCES

1 Health Plan   			
INCLUDES HEALTH + VISION + EMERGENCY TRAVEL ASSISTANCE			
Age	Single	Couple	Family
Under 34	\$66.30	\$119.30	\$174.20
35-44	\$69.30	\$124.70	\$182.10
45-54	\$89.80	\$161.60	\$226.50
55-64	\$105.20	\$189.40	\$254.40

2 Health & Dental Plan    			
INCLUDES HEALTH + VISION + EMERGENCY TRAVEL ASSISTANCE + DENTAL			
Age	Single	Couple	Family
Under 34	\$99.90	\$179.80	\$262.50
35-44	\$102.90	\$185.20	\$270.40
45-54	\$128.30	\$230.90	\$323.70
55-64	\$150.40	\$270.70	\$363.50

Note: The premiums are reviewed annually and are subject to change. To determine your monthly premium rate, simply look up the age band which represents your age as of September 1, 2011.

Both of these plans are underwritten by Sun Life Assurance Company of Canada, a member of the Sun Life Financial group of companies.